

Saliva Sample Collection Instructions

What's in the box



This leaflet



Tube



Clear plastic bag



Pre-paid envelope

Precautions

Please read the instructions completely before collecting the sample. Not following the instructions may lead to incorrect results.

- Do not eat, drink, chew gum, brush your teeth or smoke for at least 30 minutes before providing your sample.
- The sample should be collected on the same day as it will be shipped.
- You will need internet access to register the barcode on your saliva collection tube.
- Do not remove plastic film from the funnel lid.

Label legend



Made in the UK. Chronomics Limited, 1 St James Court, Norfolk, NR3 1RU, UK.



C1COV01200



For in Vitro Diagnostic Use.



Wash with water if stabilizing liquid comes in contact with eyes or skin. Do not ingest. Small cap may pose a choking hazard.



Store at 15-30°.



Consult package insert.



For help please contact support@chronomics.com



Step 1

Ensure you have arranged collection for today or can drop off the sample (as per email instructions).



Step 2

Wash and dry hands before opening the kit.



Step 3

Register your kit online and enter the 14-digit barcode found on your saliva collection tube.



Step 4

Remove the tube packaging and cough out into the tube container up to the fill line. Foam and bubbles don't count as saliva.

v1.0.4



Step 5

Close the funnel cap until you hear a click to release the stabilising fluid.



Step 6

Unscrew the funnel cap and screw on the smaller white cap provided.



Step 7

Shake the tube vigorously for at least 30 seconds to mix your saliva sample with the stabilising fluid.



Step 8

Wash and dry hands again before packaging your sample. Take a picture or note down your barcode in case of any issues.



Step 9

Wrap the tube in absorbent material (paper towel, cotton wool or tissue), insert into the clear plastic bag and seal it.



Step 10

Insert the clear plastic bag with the sample back into the original cardboard box. Multiple samples can be included in one box as long as they are each in their own plastic bag.



Step 11

Insert the cardboard box into the pre-paid returns envelope.



Step 12

Your Sample is ready to be returned. While you wait for the sample to be picked up, please keep the sample at room temperature.